dFkkdkj fd'kkj lkg dh fQYek dk lkfgfR;d
,o lkLdfrd v/;;u

¼fyf[kr ,o funf'kr fQYe % ufn;k d ikj] dkyh?kVk] e;ji[k] fny viuk vkj ihr ijkb] iue dh jkr] gj dkp dh pfM;k d lnHk e½

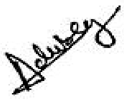
i- jfo'kdj 'kDy fo'ofo|ky;] jk;ij ¼N-x-½
d dyk ldk; vUrxr fgUnh fo"k; e ih&,p-Mh- mikf/k gr iLrr

'kk/k :ij[kk
2015

fun'kd

Mk- je'k vuie
lgk;d ik/;kid
'kkldh; n-c- efgyk Lukrdkrj
¼Lo'kklh½ egkfo|ky;] jk;ij ¼N-x-½

'kk/k Nk=k



vkdk{kk nc

'kk/k dUn %
fgUnh foHkkx
'kkldh; n-c- efgyk Lukrdkrj
¼Lo'kklh½ egkfo|ky;] jk;ij ¼N-x-½

1- 'kk/k ic/k dk 'kh"kd %& dFkkdkj fd'kkj lkg dh fQYek dk lkfgfR;d ,o lkLdfrd v/;;u

¼fyf[kr ,o funf'kr fQYe % ufn;k d ikj] dkyh?kVk] e;ji[k] fny viuk vkj ihr ijkb] iue dh jkr] gj dkp dh pfM;k d lnHk e½

2- fo'ofo|ky; %& i- jfo'kdj 'kDy fo'ofo|ky;] jk;ij ¼N-x-½

3- 'kk/k dUn %& fgUnh foHkkx] 'kkldh; n-c- efgyk Lukrdkrj Lo'kklh egkfo|ky;] jk;ij ¼N-x-½

4- fo"k; %& fgUnh lkfgR;

5- fun'kd %& Mk- je'k vuie
lgk;d ik/;kid
'kkldh; n-c- efgyk Lukrdkrj
¼Lo'kklh½ egkfo|ky;] jk;ij ¼N-x-½

6- 'kk/k Nk=k %& vkdk{kk nc

: ij[kk d fy, ii=

'kk/k ic/k dk 'kh"kd

dFkkdkj fd'kkj lkg dh fQYek dk lkfgfR;d ,o lkLdfrd v/;;u

¼fyf[kr ,o funf'kr fQYe ½ ufn;k d ikj] dkyh?kVk] e;ji[k] fny viuk vkj ihr ijkbZ] iue dh jkr] gj dkp dh pfM;k d lnHk e½

iLrkouk

lkfgR; lekt dk ifrfcEc gA lkfgR; le; lhek dh j[kk e c/kk ugh jgrk] og dbl rjg l 0;k[;kf;r gkdj foLrkj ikrk gA lkfgR; lY;ykbM ij fpf=r gkdj fluek dgykrk gA lkfgR; l gh fluek dk tUe gvk gA dN fo}kuk u fluek dk yfyr dyk dgk g] ^dyk^ blfy, D;kfd ble lxhr d fofo/k :i dgkuh] miU;kl] lokn] xhr] lxhr lekfgr g vkj yfyr blfy, D;kfd ble rduhdh i{k dk lekos'k gA

,d rjg l n[kk tk, rk fluek e lkfgR; gh Lifnr gkrk gA lkfgR; ftl rjg iUu ij 'kCnk d ek/;e l vkdkj xg.k dj ikBdk d le{k vkrk g] mlh rjg fluek rduhd d ek/;e l lY;ykbM ij n'kdk d le{k viuk vkdkj xg.k djrk gA ifl) xhrdkj ^xytkj* u viu ,d y[k e fy[kk g & ^^lkfgR; vkj fluek dk lc/k ek= rduhd ;k ek/;e dk ugh gA njvly 'kCn tc in ij mrj jgk gkrk g] rc og iUu l brj viu vFk dh ubl lHkkouk ryk'k jgk gkrk gA og n'kdk d lkeu u; vFkk e vygnk rduhdh in ij ml 'kCn dh i"BHkfe e ml 'kCn dk lekU/keh ifjo'k Hkh mifLFkr djrk gA^^

lkfgR; vkj fluek nkuk gh lkekftd&lkLdfrd mRFkku dk ifrfuf/kRo djr gA lkekftd n[ky d vu:i nkuk gh ,d&nlj d ijd tku iMr gA lkfgR; dk fluek l iFkd djd rk n[kk tk ldrk g] ij fluek dk lkfgR; l iFkd ugh fd;k tk ldrkA tgk lkfgR; ,d fo'k"k ox] ftl ge f'kf{kr ox dg ldr g] ml rd gh lhfer jg tkrk g; ogh lkfgR; dk ykdfi; cuku vkj tuekul rd igpku e fluek ,d vge Hkfedk fuHkkrk gA

bl idkj fluek u lkfgR; dk foLrkj fn;k] blfy, fluek dk lkfgR; dh vuxkeh dfr dgk tk ldrk gA fgUnh lkfgR; fluek dh rjQ rc x;k] tc lu 1932 e ^vkyevkjk^ fQYe inf'kr gbA bl fluek l ik= in ij ckyu yx x; FkA dgkuh vkj lokn dk ub Hkk"kk vkj u;k ek/;e feyk] bll Hkk"kk dh lEi"k.kh;rk d u; }kj [kyA vf'kf{kr ox rd lkfgR; igpuk ikjHk gvkA yfyr lkfgR; vFkkr fluek dk lkfgR; txr l tM ykxk u fu[kkjk vkj lokjkA yfyr dyk e n{k egkuHkkok u fgUnh fluek dk vud vueky fQYek d fuek.k l lle) fd;kA fluek d bl Lof.ke ;k=k e mu jpukdkjk dk Hkh Lej.k fd;k tkuk iklfxd gkxk ftUgku viuh dfr;k d ek/;e l fgnh fluek dk bl edke rd igpk;k gA

fgnh fluek dk 'k'kokLFkk l ;okoLFkk rd igpku e ftu ykxk u viuk cgeY; ;kxnku fn;k g] mue l ,d dFkkdkj fd'kkj lkg Hkh gA fd'kkj lkg eyr% lkfgR;dkj Fk] blfy, o lkfgR; d fofo/k :ik vkj mud lkn; l Hkyh&Hkkfr ifjfpr FkA lkfgR; dh xgjh le> u gh mUg u doy ,d vPNk fun'kd cuk;k cfYd o ,d d'ky y[kd] vfHkurk vkj vPN x: Hkh cu] blfy, ckyhoM u mUg vkpk; dh mikf/k nhA lkfgR;d lkn; l ifji.k] lLdfr dh egd l ycjt fluek u doy n'kdk dk jkekfpr vkj vkdf"kr djrk g] cfYd dYiukvk d fojkV }kj Hkh [kkyrk gA fluek dk ^lokn^ :ih lkfgR; fluek dh vkRek gA viuh l'kDr y[kuh vkj dYiukvk dh fojkV p"Vk d ne ij NRrhlx< d jpuk/keh fd'kkj lkg u fgnh fluek dk u; vk;ke inku fd;A viuh ifrHkk d ne ij fgnh fluek dk lQy ,o ykdfi; cuku oky fd'kkj lkg dk ;g tUe'krkCnh o"k Hkh gA

dFkkdkj fd'kkj lkg cge[kh ifrHkk d /kuh fun'kd FkA y[ku] vfHku;] fun'ku tlh dykvk e ikjxr fd'kkj lkg u viuh ifrHkk d cy ij fgnh fluek txr dk le) fd;kA fd'kkj lkg lkfgR; vkj fluek {k= e leku :i l n[ky j[kr FkA viuh lkfgfR;d {kerk d vk/kkj ij fd'kkj lkg u fgnh fluek dk ykdfi;rk d f'k[kj rd igpku e viuh vge Hkfedk fuHkkbA fluek d fy, dFkkdkj fd'kkj lkg d lkfgfR;d vonku dk vk/kkj ekudj mudh dfr;k dk fo'y"k.k dju dh p"Vk e viu 'kk/k dk; d ek/;e l dj jgh gA viu 'kk/kdk; d ek/;e l fgnh fluek txr e fd'kkj lkg dk tk lkfgfR;d vonku g] ml e foueRk d lkFk j[kkfdr dju rFkk mud }kjk fyf[kr&funf'kr fQYek ij viu lhfer food l dfri; fu"d"k iLrr dju dk i;kl dj jgh gA ej }kjk fd;k x;k ;g dk; fd'kkj lkg dk ejh vkj l ,d foue J)katyh gA

io e fd; x, “kk/k dk;k dk iujkoykdu

fdlh Hkh fo"k; ij 'kk/k dju l io mll lcf/kr fdlh iLrd] y[k] lekpkj i=&if=dk e idkf'kr y[k] nLrkot vkfn dk voykdu lkfgR; iujkoykdu dgykrk gA ;g 'kk/k l lcf/kr vko';d rF;k d lc/k e Kku ikflr dk mRre lk/ku gA bl fo"k; ij 'kk/k dk; gr ej }kjk fd, x, lkfgR; iujkoykdu dk ifjp; bl idkj g %&

¼1½ fjtoh bdcky % ^gl^ if=dk e idkf'kr y[k ^^flueк d i;kx/keh lkfgfR;d fd'kkj lkg^^ ¼fgnh flueк d lk lky % fo'k"kkd½ 2013] v{kj idk'ku ik- fyfeVM

bl y[k e fd'kkj lkg d lkfgfR;d Lo:i vkj fgnh lkfgR; d ifr mud lei.k dh 0;k[;k dh xb gA

¼2½ xytkj % ehfM;k foe'k ¼flueк fo'k"kkd½ ^^flueк vkj lkfgR; % fgnh flueк dk lp^^ Hkfedk f}onh ^;xck/k fMftVy fiVl

bl vky[k e lkfgR; vkj flueк d vrlEcU/kk dh 0;k[;k dh xb gA

¼3½ dkeM f'kokun % fd'kkj lkg ,d cgofo/; fdjnkj % flu i:"k vkpk; fd'kkj lkg^^ ¼Jh idk'ku½

bl iLrd e fd'kkj lkg d fQYeh thou l tMh vf/kdk'k tkudkfj;k miyC/k gA

¼4½ lgk; lt; % ^gl*& 2013] ^flueк dh ckr* v{kj idk'ku

bl y[k e lkfgR; d flueк;h :ikrj.k dk fooj.k idkf'kr gA

¼5½ veh pj.kflg % ehfM;k foe'k] ekp 2013] ^lkfgR; dk flueк;h :ikrj.k* ¼Hkfedk f}onh] ;xck/k fMthVy fiVl½

bl y[k e lkfgR; vkj flueк d vrlEcU/kk dh 0;k[;k idkf'kr gA

mnn';

lkfgR; vkj fluek dk ,d nlj l iFkd djd ugh n[kk tk ldrkA njvly ; nkuk gh ,d&nlj d ijd gA lkfgR; dk fluekb Lo:i e <kydj mle ogh iHkko ink djuk tk ikBd lkfgR; d iBu e eglI djrk g] dkb vklku dk; ugh gA bl nHkj dk; dk dkb ikj[kh gh lQyrkiod dj ldrk gA mu ikj[kh vkj gujen ykxk e fd'kkj lkg dk uke 'kh"k ij vkrk gA viu lkfgR; f'kYi vkj lkn; ck/k l fd'kkj lkg u fgnh fluek d tfj, fo'o d lep ikBdk dk fgnh lkfgR; dk n'kd cuku dk vfHkuo i;kl fd;k] mUgku fl) dj fn;k fd ,d lx< lkfgR; gh ,d lQy fluek dk tUe nrk gA

viuh jpuk dk mRd"V dYiuk'khyrk d lkFk lY;ykbM ij mHkkju dk dk; rk dkb fojyk gh dj ldrk gA ,l gh fojy dk; dju e n{k fd'kkj lkg ftUgku fluek d ek/;e l lkfgR; dk ykdfi; vkj vej cuku dk dk; fd;kA ,l fd'kkj lkg dk fluek txr u Hkh Hkyk fn;k vkj lkfgR; txr u HkhA NRrhlx< e tUe fd'kkj lkg u lkfgR; vkj fluek nkuk dk ykdfi; cuku e viuk lEi.k thou U;kNkoj dj fn;kA

ejk ;g 'kk/k dk; fd'kkj lkg dh cge[kh ifrHkk l] lkfgR; vkj fluek txr d ykxk dk ifjfpr djkuk gA

'kk/k ifjdYiuk

'kk/k ;k vul/kku l io vul/kku d dkj.k vkj ifj.kke d ckj e 'kk/kdrk tk ,d fuf'pr er cuk yrk g] ogh ifjdYiuk dgykrh gA vr% bl lc/k e ejh ifjdYiuk bl idkj g &

1& dFkkdkj fd'kkj lkg dh fQYek d lkfgfR;d vonku dk viu lhfer food l fo'yf"kr djukA

2& vkpk; fd'kkj lkg dk fgnh lkfgR; txr e fof'k"V LFkku ij ifrf"Br djukA

3& fd'kkj lkg dh fQYek d lkfgfR;d of'k"V; dk ikBdk d le{k iLrr djukA

'kk/k ifof/k

'kk/k i)fr og i.kkyh g] ftld }kjk 'kk/kdrk viu v/;;u fo"k; dh foopuk djrk gA 'kk/k dh dkbZ Hkh i)fr v/;;u dh oKkfud i.kkyh gA viu mnn';k dh ifrZ d fy, 'kk/k dk;Z fd;k tkrk gA ej 'kk/k fo"k; d fy, i;Dr 'kk/k i)fr;k dk fooj.k fuEu idkj l Li"V fd;k x;k g %&

1- fooj.kkRed v/;;u & fooj.kkRed v/;;u lo0;kid v/;;u g] tk lkfgfR;d vuql/kku e vf/kdk'kr% i;Dr gkrk gA bl 'kk/k dk mnn'; rF;k dk ikIr djuk vkj fo'k"krkvk d lnHk e fujh{k.k djuk gkrk gA ej 'kk/k e fd'kkj lkg d lkfgfR;d igyvk l tM rF;k dk Kkr djuk rFkk mud fluek dh lkfgfR;d fo'k"krkvk dk fujh{k.k djuk 'kkfey gA

^^rF; ldyu d midj.k* & ej 'kk/k gr rF; ldyu e iLrr 'kk/k midj.k g %&

¼1-1½ voykdu % viu 'kk/k d fy, eu voykdu ifof/k dk p;u fd;k g] ftld ek/;e l fd'kkj lkg d fluek e fy[k x, lokn vkj dFkkoLr d vk/kkj ij lkfgfR;d fo'y"k.k ej }kjk fd;k tk,xkA

¼1-2½ lk{kkRdkj % viu 'kk/k dk;Z dk i"V dju d fy, eu rF; d lkFk&lkFk flu leh{kdk] lkfgR;dkjk o fd'kkj lkg d lgdeh dykdkjk d lk{kkRdkj dk Hkh ej }kjk lfUufgr fd;k tk,xkA

'kk/k lhek,

'kk/k dk;Z d nkjku 'kk/k dk vfr&foLrr vFkok ldfpr gku l cpku d fy, rFkk 'kk/k dh fn'kk e HkVdko u gk] bld fy, 'kk/k dh lhek, fu/kkfjr dh tkrh gA bl vk/kkj ij ej }kjk ej fo"k; dh r; dh gb 'kk/k lhek, bl idkj g %&

1& 'kk/k d lhfer le; dk /;ku e j[kr g, eu fd'kkj lkg }kjk fyf[kr ,o funf'kr 6 fQYek dk p;u fd;k g] ftll fd e mud lkfgfR;d ;kxnku dk fo'y"k.k dj ldA

2& 'kk/k e fgUnh fluek dk vkjHk vkj mle fd'kkj lkg dh fQYek dk lkfgfR;d ,o lkLdfrd vonku ij fQYe leh{kdk] lkfgR;dkjk ,o lg&dfe;k dk vfHker rFkk y[k fy;k x;k] ftll fd mudh lkfgfR;d ifrHkk dk fooj.k iLrr fd;k tk ldA

3& cge[kh ifrHkk d /kuh fd'kkj lkg d y[kdh; ,o fun'ku i{k dk gh eu vk/kkj ekuk g] rkfd ,d fuf'pr le;kof/k e mudh bl Nfo dk ikBdk d le{k iLrr dj ldA

'kk/k dk egRo

fgnh fluek e fd'kkj lkg dk ;kxnku vfoLej.kh; gA lkfgR; d bl eeK u fluek e Hkh lkfgR; d of'k"V; dk fijku dk dk; fd;k gA ftl idkj lkfgR; dk {k= vlhfer ,o 0;kid g] mlh rjg fd'kkj lkg dk fluek HkhA fd'kkj lkg d egku vonku dk viu 'kk/k i;ktu d ek/;e l dju dk i;kl e dj jgh gA fluek ij fy[kuk ; rk vR;r dfBu dk; gA lkfgR; vkj fluek d vrlEcU/k ij fy[kuk] fluek e lkfgfR;d ,o lkLdfrd of'k"V; dk j[kkfdr djuk lHkor% mll Hkh dfBu dk; gA bl dfBu dk; dk e> ih&,p-Mh- gr 'kk/k dk; d :i e i.k djuk gA bl 'kk/k d ek/;e l] fluek vkj lkfgR; d vrlEcU/k dk le>u e vklkuh gkxh] lkFk gh NRrhlx< d lir fd'kkj lkg d fgnh fluek d ;kxnku ij vf/kd l vf/kd vKkr tkudkjh miyC/k djku dk i;kl gkxkA

uohu rFkk fluek o lkfgR; l tM fo"k;k ij 'kk/k dju oky 'kk/kkfFk;k d fy, ;g 'kk/k mi;kxh fl) gkxkA

<u>:ij[kk</u>

dFkkdkj fd'kkj lkg dh fQYek dk lkfgfR;d ,o lkLdfrd v/;;u

¼fyf[kr ,o funf'kr fQYe % ufn;k d ikj] dkyh?kVk] e;ji[k] fny viuk vkj ihr ijkb] iue dh jkr] gj dkp dh pfM;k d lnHk e½

iLrkouk &

v/;k; 1& fd'kkj lkg % 0;fDrRo ,o dfrRo

1-1 fd'kkj lkg dk thou ifjp;

1-2 fd'kkj lkg dk 0;fDrRo ,o dfrRo

1-3 fd'kkj lkg dk ikIr ijLdkj ,o lEeku

1-4 fQYekxkQh

v/;k; 2& fgnh fluek % mnHko ,o fodkl

2-1 fgnh fluek dk vkjHk

2-2 fgnh fluek % 'or ';ke fluek

2-3 fgnh fluek % jxhu fluek

2-4 fgnh fluek dk Lof.ke ;x

v/;k; 3& fgnh fluek vkj fd'kkj lkg

3-1 fgnh fluek vkj fd'kkj lkg

3-2 fgnh fluek % vfHkurk fd'kkj lkg

3-3 fgnh fluek % funs'kd fd'kkj lkg

3-4 fgnh fluek % iVdFkk ,o lokn y[kd fd'kkj lkg

v/;k; 4&	fd”kkj lkg dh fQYek dk lkfgfR;d of'k"V;

4-1	lkfgfR;d ifjo'k

4-2	Hkk"kk 'kyh

4-3	lokn ;ktuk

4-4	iVdFkk y[ku

v/;k; 5&	fd”kkj lkg dh fQYek dk lkLdfrd of'k"V;

5-1	jhfr&fjokt

5-2	o'kHk"kk

5-3	/ke n'ku

5-4	lkn; 'kkL=h; fo'y"k.k

&	mi lgkj

&	ifjf'k"V

lUnHk xUFk %&

1 Hkkj}kt foukn] flueke dy] vkt] dy] ok.kh idk'ku] 2006

2- xytkj] flueke vkj lkfgR; % fgUnh flueke dk lp] ok.kh idk'ku] vd 17] 1997

3- xlrk fpnkun nkl] lR;thr jk; flueke] u'kuy cd bLV bfM;k] igyk lLdj.k] 1980

4- dkeM f'kokun] fd'kkj lkg% ,d vUdUo'kuy fQYe edj] flu i:"k % vkpk; fd'kkj lkg] Jh idk'ku 2010

5- dkeM f'kokun] HkVokrk % fd'kkj lkg l vfre HkVokrk flu i:"k % vkpk; fd'kk lkg] Jh idk'ku 2010

6- dkeM f'kokun] fd'kkj lkg% ,d cgofo/; fdjnkj & flu i:"k vkpk; fd'kkj lkg] Jh idk'ku 2010

7- ikBd txUukFk] lkn; n'ku foe'k] jkdk idk'ku] 2003

8 frokjh Jhjke] flg iHkukFk] fo'o flueke dk lkn;ck/k] Hkk"kk KkuihB] 2015

ifjf'k"V

1. veh pj.k flg lkfgR; dk fluekb :ikrj.k & ehfM;k foe'k] ekp 2013] Hkfedk f}onh] ;xck/k fMftVy fiUVl

2- Hkkj}kt Hkkjr] gl if=dk& lLdfr vkj lekt d ?ku fj'r dh iMrky

3- [kj fo".k] fQYe ,o dyk leh{kd l Qku ij gbZ ckrphr d v'k\

4- efyd iou flg] ; dgk vk x; ge & ehfM;k foe'k ekp 2013] Hkfedk f}onh] ;xck/k fMftVy fiUVl

5- ik.M; vkykd] fgUnh fluek dk nfyr foe'k] ehfM;k foe'k fluek fo'k"kkd & 2] Hkkjrh; fluek 'kkunkj 100 o"k

6- fjtoh bdcky] fluek d i;kx/keh] lkfgfR;d fd'kkj lkg] gl % fgUnh fluek d lk lky] v{kj idk'ku ik- fy-

7- fjtoh bdcky] gl if=dk d fgUnh fluek d lk lky] fluek d i;kx/keh lkfgfR;d fd'kkj lkg] v{kj idk'ku ik- fy-

8- fjtoh bdcky] fluek d i;kx/keh lkfgfR;d fd'kkj lkg] gl % fgUnh d lk lky

9- fjtoh bdcky] fluek d i;kx/keh fd'kkj lkg] gl % fgUnh fluek d lk o"k] v{kj idk'ku ik- fy-

10- fjtoh bdcky] fluek d i;kx/keh fd'kkj lkg] gl % fgUnh fluek d lk o"k] v{kj idk'ku ik- fy-

11- fjtoh bdcky] fluek d i;kx/keh fd'kkj lkg] gl % fgUnh fluek d lk o"k] v{kj idk'ku ik- fy-

12- fjtoh bdcky] fluek d i;kx/keh lkfgfR;d fd'kkj lkg] gl % if=dk

13- lgk; lt;] y[k fluek dh ckr] gl if=dk & fgUnh fluek d lk lky d o"k 2013 e idkf'kr vd & 7] v{kj idk'ku ik- fy-

14- oklokuh fd'kkj] ehfM;k foe'k fluek fo'k"kkd &1] end ,o idk'kd % Hkfedk f}onh }kjk& ;xck/k fMftVy fiUVl

15- fofHkUu i=&if=dkvk e idkf'kr y[k

16- flu fo'k"kK l lk{kkRdkj

17- bVjuV ij miyC/k fluek lEcfU/kr Cykx

'kk/k fun"kd d idkf"kr xFkk dk fooj.k

1-	Bkdj txekgu flg Bkdj	&	Mk- je'k vuie ub fnYyh] 2014 igyk lLdj.k
2-	Lkedkyhu fgnh dfork	&	Mk- je'k vuie 'krk{kh idk'ku] jk;ij iFke lLdj.k & 2000
3-	Pk;fudk] Bkdj txekgu flg	&	Mk- je'k vuie NRrhlx< jkT; fgnh xFk vdkneh] jk;ij] iFke lLdj.k] 2008
4-	ty Hkhrj bd cPNk mitk	&	Mk- je'k vuie u'kuy cd VLV] bfM;k] ub fnYyh igyk lLdj.k] 2008
5-	ykVrk g e rEgkj ikl	&	e/kk cDl] fnYyh iFke lLdj.k

'kk/k fun"kd d idkf"kr 'kk/k i=k dk fooj.k

1- NRrhlx< fe= vkj fgnh uotkxj.k & Mk- je'k vuie

^vkykpuk* ¼50ok vd½]

ub fnYyh

tykb&flrcj 2013

ISSN2231-6329Dlochana

2- ek/kojko lii d vuokn & Mk- je'k vuie

^NRrhlx< fe=*

jk;iij

vd&10] tu 2013

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fun'kd

Mk- je'k vuie
lgk;d ik/;kid
'kkldh; n-c- efgyk LukrdkRrj
¼Lo'kklh½ egkfo|ky;] jk;ij ¼N-x-½

'kk/k Nk=k

vkdk{kk nc

vxf"kr

v/;{k
'kk/k dUn % fgUnh foHkkx
'kkldh; n-c- efgyk LukrdkRrj
¼Lo'kklh½ egkfo|ky;] jk;ij ¼N-x-½